

PLACEMENT:

With your leg straight, sitting at the edge of a chair, apply the custom knee brace directly to the skin. Check that the hinge is positioned on the correct side of the leg. Initially, position the brace high on the leg so that the centre of the hinge is aligned with the top half of the kneecap.

3. THIGH STRAP: The thigh strap passes through the thigh strap attachment slot and back onto itself.



1. MID STRAP: Fasten the mid strap by passing it behind the calf, inserting it through the corresponding D-Ring on the opposite side of the calf shell and back onto itself. Make sure this is secured snugly, as it is the primary suspension strap on the brace.



2. CALF STRAP: The calf strap passes through the lower D-ring and doubles back onto itself.



4. DYNAMIC FORCE STRAP: This strap spirals on a diagonal around the back of the leg and threads through the D-Ring on the front thigh shell, then fastens back onto itself.



5. Finally, bend the knee to 80° and retighten the Dynamic Force Strap. When it is adjusted correctly, it tightens each time the leg approaches extension.

